Harvest Moon Spread

Date: _____

Deck: _____

The Harvest Moon is a time to recognize what has come to fruition, give thanks for what has supported you, and decide what you are ready to carry forward. Use this spread to reflect on your personal harvest, restore balance, and prepare for the season ahead.

1

1. The Harvest
What am I gathering from my efforts?

2

2. The Gift
What abundance can I appreciate or share?

3

3. The Release
What can return to the earth?

4

4. The Seed
What should I carry forward and nurture next?