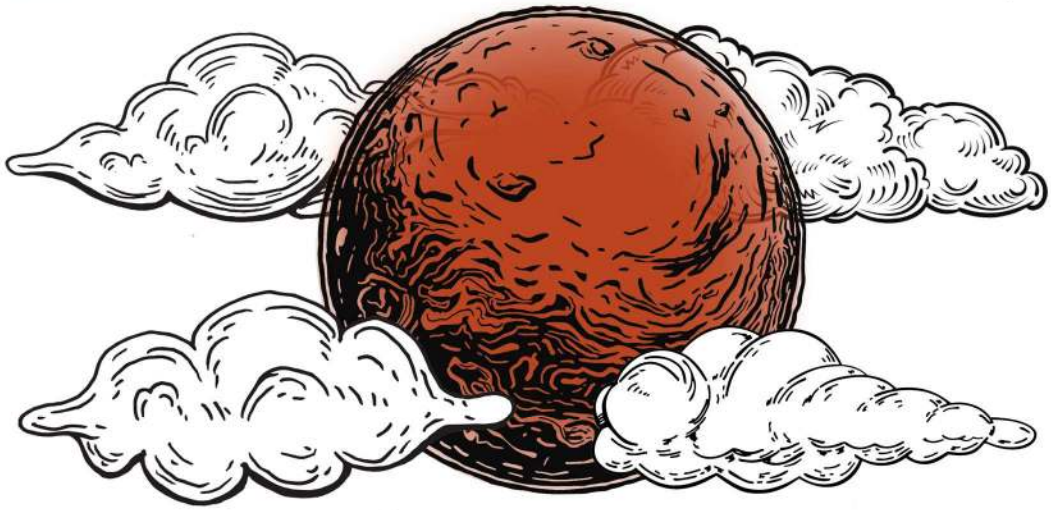
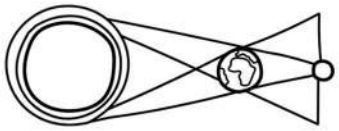


The Blood Moon

Spiritual and Cultural Significance

A **Blood Moon** is a total lunar eclipse, when the Moon appears red as it passes into Earth's shadow. This hue appears because the atmosphere scatters blue light and allows red light to bend toward the Moon.



In ancient times, a Blood Moon was feared as an omen of war, famine, or disaster. Spiritually, it symbolizes revelation and transformation: hidden truths rise to the surface, change becomes inevitable.

Eclipses are times of heightened energy, different from a normal Full Moon. Their power is volatile yet transformative, making them ideal for:

Shadow Work: Confronting hidden fears, healing old wounds, integrating the self.

Release Rituals: Letting go of habits and relationships that no longer serve.

Divination: Tarot, pendulum, or scrying sessions during eclipses reveal what is usually concealed.