THE SYMBOLS OF MABON

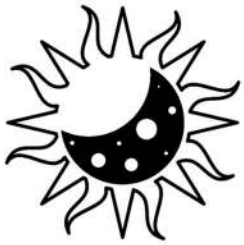
Mabon is rich with powerful symbolism. Each sacred element, from the ripening of apples to the pouring of wine, carries a deep and unique meaning tied to this season of balance and gratitude. Here are key symbols of Mabon, a time of harvest, reflection, and honoring the turning of the year:

The Autumn Equinox

This holiday marks the shift from growth to rest, a time for gathering the fruits of our labor, expressing gratitude, and preparing for the inward journey of the darker months.

Cornucopia

A symbol of abundance and the gathering of the second harvest (Mabon). Overflowing with fruits and grains, it represents gratitude and blessings of the season.



The Equinox is a moment of balance, when day and night share equal time, reminding us to honor harmony and prepare for the turning of the seasons

Gourds

With their rich colors, gourds and pumpkins symbolize the generosity and fullness of harvest, and the grounding energy of autumn.

Apples

Ripening in orchards, apples symbolize Mabon's heart, embodying gratitude for the season's gifts and the promise of renewal in each seed.

Scales

The scales embody Mabon's essence, reflecting the harmony of equal day and night and the mindful pause before the descent into winter's darkness.

Grapes

From vine to cup, grapes embody Mabon's richness, signifying the ripened fruits of labor and the shared joy of community through wine and celebration.

Salmon

A creature of Celtic myth, it embodies wisdom and sacred knowledge, offering insight through patience and the flow of life's waters.

Owl

Stag

It symbolizes fortitude and a wild protective presence. The sacred harmony between fall's abundance and winter's onset.

Acorns

Holding within their small form the promise of resilience and increase, they act as a symbol of the enduring cycles of nature.

Kitchen Magic

Turn everyday cooking into ceremony using seasonal herbs, ingredients, and grains to weave intentions into shared meals.

Apples, pears, pomegranates, root vegetables, corn, berries, pumpkins, gourds, nuts, and grains fill tables and altars, each carrying the essence of the season's abundance.

Oak

With its steadfast roots and enduring strength, the oak embodies the vitality, protection, wisdom, and the cycles of the turning year.

Besom

Symbols of cleansing and transition, their sweeping motion clears away what is past and opens sacred space for balance and renewal.

Wheat

Pinecone