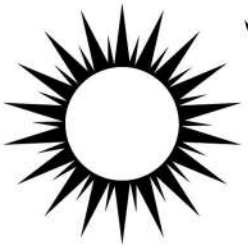
THE SYMBOLS OF LITHA

Litha, the celebration of the Summer Solstice, honors the sun at its zenith and nature in full bloom. Each symbol reflects the height of life, light, and abundance. Here are key symbols of Litha, a festival of fire, vitality, and the radiant energy of midsummer—a term that refers to the sun's peak.

The Summer Solstice

The Summer Solstice is the longest day of the year, marking the sun's highest point in the sky and the official start of summer.



Sun

The heart of Litha, shining at its strongest and longest. It brings vitality, clarity, and the life-giving force that fuels earth's abundance. Honoring the sun at Litha is a celebration of growth, illumination, and the sacred rhythm of the seasons.

Rooster

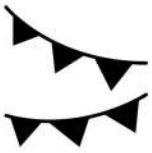
The rooster, a solar symbol, represents awakening, protection, and the triumph of light. Its crow at dawn echoes the themes of illumination, renewal, and the power of the rising sun.

Bee

Community, hard work, and the sweetness of life. It represents the harmony of nature and the rewards of effort.

Butterfly

The butterfly, a symbol of transformation and lightness, embodies the spirit of Litha. Its fleeting beauty reflects the joy of midsummer and the soul's journey through growth and change.



Garlands

Woven from summer flowers and greenery, symbolize celebration, fertility, and the beauty of nature in full bloom. They adorn altars, homes, and heads in honor of the season's abundance.

Lavender

Calming and protective, it, symbolizes peace, love, and clarity. Often included in herb bundles to promote relaxation, cleanse energy, and invite blessings into the home.

Bonfire

The bonfire is a central symbol of this celebration, representing the sun's power, purification, and celebration. Its flames honor light at its peak and invite purification, renewal and abundance.

Flower crown

This flower of gentle magic is a symbol of the youthful love and protection Beltane brings as spring bursts into full bloom.

St. John's wort

Traditionally harvested at Midsummer, is a protective herb symbolizing light, healing, and the sun's strength. Burned in rituals, hung in doorways, or carried as a charm, it's used to ward off negativity, attract blessings, and support emotional clarity.

Sunflower

The sunflower, ever turning toward the light, symbolizes joy, vitality, and the sun's full strength at Litha. It embodies the season's warmth, growth, and radiant energy.

Oak leaf

The oak leaf symbolizes strength, endurance, and the power of the Oak King, who reigns at Litha. It represents the stability, growth, and also the deep-rooted energy of midsummer.

Stag

Wild strength, fertility, and the vibrant, masculine energy of Litha. It embodies nature's power and the spirit of the untamed season.