Lunar Alchemy

This New Moon spell harnesses lunar energy to amplify your intentions for the coming cycle. Use it to manifest your desires and set the stage for new beginnings.

- **Green candle**
- **Salt (in a bowl)**
- **Clear quartz or coin**
- **Cinnamon oil (or olive oil)**
- **Ground cinnamon (optional)**

1. Place a bowl of salt near the entrance of the room or home. Optionally, lightly blow some cinnamon too.

2. Anoint a green candle with cinnamon oil, rubbing it from base to tip. Alternatively, use olive oil, or simply focus your intention on the candle as you light it.

3. Place your quartz crystal (or a coin if you don't have one) on your windowsill where moonlight can touch it. Visualize it absorbing lunar energy as you say:

"New moon's kiss, grant me this,
Bless this stone, with lunar bliss."

4. Light the green candle, focusing on its flame. Hold the crystal or coin in your hands and say:

"By fire's light and Moon's new face,
I call my intents to take its place.
As this wax melts, so shall it be.
The path is clear, now come to me."

5. Burn the candle through the lunar cycle and carry the crystal as a reminder of your intent.