Happy Home Simmer Pot

welcome peace and
happiness into your home

Making a Basic Simmer Pot

Making a simmer pot requires very basic ingredients and tools that most people will have access to. These include **a pot, water, and additional ingredients that correspond to your intention**. Before you begin, spend some time thinking about your intention. What is it you want your simmer pot to accomplish? Protection? Happiness? Abundance? Celebration? Your intention will dictate the ingredients you choose to add to your simmer pot. After you have this clear, gather your ingredients, add them to the pot of water, and set the pot to simmer!

Simmer Pot Options

- **Simmer Pot Slow Cooker**: If you will be gone for the day or would rather not use your stove, consider using a slow cooker for your simmer pot!
- **Waste Not Simmer Pot**: Consider making your simmer pot dual-natured in the form of a potion or soup. Just make sure the ingredients you add are safe to consume!
- **Adding Moon Water**: A very versatile tool, Moon Water can be added to your simmer pot for extra intention!
- **The Spoken Simmer Pot**: Just like with any other magickal practice, you can choose to create your simmer pot with chanting, music, or other spoken words.
- **Essential Oil Substitutions**: If you would rather use essential oils instead of physical ingredients, that is perfectly fine, too!

Encourage a happy home with this simple simmer pot. Gather your ingredients and enjoy the refreshing aroma of citrus blended with joyful ingredients.

You will need:

- 1 lemon, sliced, for positivity
- 1 orange, sliced, for happiness and creativity
- 2 cinnamon sticks for warmth and love
- A handful of rose petals for self-love and joy
- A sprinkle of sugar or honey for sweetness in life
- A few drops of vanilla extract for comfort