Eclipse Water

Eclipse water is a concoction that combines moon water with sun water, so it is designed to harness the energies of balance between the Moon and the Sun during an eclipse.

You'll need:

- **A glass jar or other transparent container with a lid**
- **Drinking water**

1. Fill up the jar with water. Spring, tap, or filtered will do just fine. (Make sure you use water that is safe to drink if you plan on consuming it.)

2. Place the jar where it will be exposed to the glow of the Full Moon, before the start of the penumbral lunar eclipse.

3. Leave the jar out during the umbral lunar eclipse, and collect it at the end of the final penumbral phase.

4. Store your water safely away from the rays of the sun.

Use it for: watering plants, adding to drinks or recipes, infusing bath water, washing your face, applying to chakras for balance, creating a cleansing spray for your home, or adding to a humidifier to spread your intentions throughout your space.