

The 12 Houses

Take time to look at your own birth chart and identify the sign(s) linked with each house. Consider the traits of these signs and how they may influence how you interact with the themes of each house.

Use the prompt questions below to help. Space is provided on page 19 of the guidebook.

1st House: How do you express your individuality and present yourself to the world?

2nd House: What are your core values and how do they influence your approach to money and possessions

3rd House: How do you communicate and connect with others? What subjects or topics interest you the most?

4th House: How does your upbringing and family background shape your sense of belonging and what you consider to be your home?

5th House: How do you express your creativity and find joy in life? What activities or hobbies bring you a sense of fulfilment?

6th House: How do you take care of your physical and mental well-being? How do you contribute to the well-being of others?

7th House: What qualities do you seek in a partner or close relationships?

8th House: What areas of your life have undergone significant transformations? How do you handle issues related to trust, intimacy, and shared resources?

9th House: What are your beliefs and philosophies about life? How do you seek personal growth and expand your horizons?

10th House: What are your professional aspirations and goals? How do you want to be seen and recognised?

11th House: How do you engage with your community and social groups? What causes or ideals are important to you?

12th House: How do you connect with your inner self and explore your spirituality? What role does introspection play in your life?