

# Radiant Renewal Elixir

This zesty mix of apple cider vinegar, lemon, and a bit of cayenne pepper is like a gentle reset for your body.

The apple cider vinegar has good bacteria, and lemon gives your skin a vitamin C boost.

- 1½ cup water
- 2 tbsp fresh lemon juice
- 1 tsp organic raw apple cider vinegar
- 1 tsp maple syrup
- 1 pinch cayenne pepper



1. Start by filling a tall glass with 1½ cups of water, creating the base for your elixir, ready to be infused with flavorful and healthful ingredients.
  2. Into the water, pour in fresh lemon juice, organic raw apple cider vinegar, and a touch of maple syrup, each contributing unique benefits, from detoxing to hydrating, and a hint of natural sweetness.
  3. For a little extra warmth and kick, sprinkle in a pinch of cayenne pepper. Stir the mixture thoroughly to blend everything together, then take a moment to enjoy the tangy and refreshing experience of your elixir, sipping slowly and savoring each sip.