



# Brigid

**Origin:** Irish mythology

**Signs & Symbols:**

Brigid's Cross, Holy Wells, Fire, Serpents, and Spring



**Titles & Epithets:**

The Exalted One

The High One

Saint Brigid

**Offerings:**

Milk, Butter, Water, and Candles

## Brigid Invocation

*Blessed Bríg, keeper of the Sacred Flame,  
Mother to all, and Lady of the Spring, I call to you.  
Daughter of Dagda and Morrighan, born with the rays of the sun,  
I call to you.*

*You who were nursed on the milk of the Sacred Cow,  
whose footsteps bring flowers and shamrocks.*

*Blessed Bríg, whose flame burns evermore  
with the light of the world, I call to you.*

*As the light from your flame covers the skies as the sun rises,  
I call to you to spread your blessings across this land as you once  
spread your mantle.*