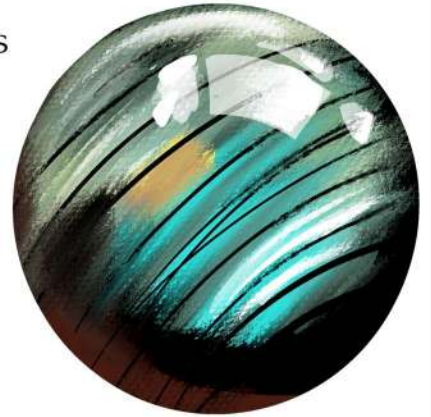


# Labradorite

Named after its discovery in Labrador, Canada, it is often associated with transformation and intuition. Its remarkable play of colors known as labradorescence, can awaken intuition, energy and psychic abilities.

**Origin:** Eastern Canada on Paul Island, near the settlement of Nain in Newfoundland and Labrador.

**Main uses:** Intuition, Protection, Rejuvenation, Calm.



## Cleanse + Activate

To clean labradorite, moisten a soft cloth with cool water and add a small amount of mild soap if needed. Gently wipe the stone, focusing on dirty spots. Rinse it under cool water to remove soap, and then dry with a lint-free cloth, avoiding rough materials to protect the surface.

To activate labradorite, light a blue candle in a quiet, distraction-free space, symbolizing its mystical energy. Sit comfortably, breathe deeply to relax, and focus on the stone's energy. Enhance its qualities by placing it in moonlight, but avoid long sun exposure to protect its sheen.

## Other uses

**Intuition:** Hold or place labradorite during meditation to deepen inner connection and enhance intuition.

**Protection:** Use labradorite as a talisman for protection against negative energies and emotional stability.

**Regain Energy:** Place it on the heart or throat chakra to relieve stress and rejuvenate energy.

Labradorite cleanses the aura and protects against external negativity.

The stone's shimmering hues are said to shield the aura, protecting against negativity and the stressors of everyday life. Ideal for grounding spiritual energies and boosting psychic abilities.