

# Winter Solstice Spell

Blending symbolic elements to celebrate rebirth, introspection, and the return of light during this astronomical event.



- White candle
- Evergreen branches
- Holly leaves or sprigs
- Silver and gold ribbons

1. Arrange a small altar with a white candle at the center. Surround it with evergreen branches and holly. Add silver and gold ribbons or ornaments to symbolize the Sun and Moon.
2. Light the white candle, focusing on the flame as a symbol of the returning light after the longest night.
3. While the candle burns, say:  
*"As the Sun returns, so does the light in my life.  
I welcome growth, renewal, and new opportunities."*
4. Spend a few moments in meditation, reflecting on the past year and what you wish to cultivate before the next solstice.
5. Express gratitude for the lessons of the past and the opportunities ahead. Extinguish the candle, or let it burn out safely.