## Figil Making

## What's a Sigil?

A sigil is a symbol created from a specific phrase that holds your desire. It is a symbolic representation of what you want to manifest.

The sigil method popular today takes the words of a statement of intent and transforms them into an abstract design. The sigil is then charged with the will of the creator and activated, releasing the energy into the Universe to do the work.

## Make your Own Sigil

- 1. Create your statement of intent. This should be a positive phrase written in the present tense.
- 2. Remove all vowels and repeating letters.
- 3. Arrange the remaining letters in an abstract design that you like.
- 4. Charge the sigil with a method of your choice.

