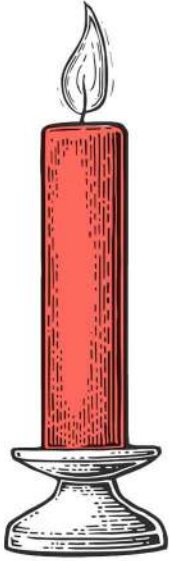


Red Candles



Planet: Mars

Day: Tuesday

Chakra: Root

Numbers: 1

Direction: South

Element: Fire

Zodiac: Aries

Crystals: Agate, Garnet, Ruby, Red Topaz, Rubellite, Rhodochrosite, Red Jasper.



Burning a red candle has the power to invoke the Fire Element in a ritual or spell. This energy is intense, enthusiastic and transformative, which makes it the best candle for protection, purification, love and strength.

They represent heat, warmth, protection and benevolence, but also destruction. This duality is useful for a variety of magical works, involving passion, courage, and strong emotions.

How to Use Red Candles

- ★ For protection, burn a red candle and light some protective incense or dried herbs, such as bay leaf, sage or rue.
- ★ Red candles are often used in love spells to add a fiery passion, energy and vitality to a relationship.
- ★ During a spell or meditation for creativity, you can light a red candle and ask for strength. Alternatively, write whatever is blocking your mind on a piece of paper and burn it with a red candle.

The best day for working with red candles are Tuesdays, during the day or night, during any lunar phase.