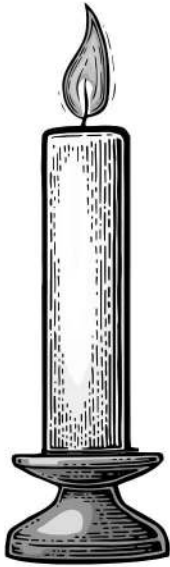


White Candles



Planet: Moon

Day: Monday

Chakra: Crown

Numbers: 1,2,5,7

Direction: North

Elements: Fire, Air

Zodiac: Cancer

Crystals: Clear Quartz, Selenite, Labradorite



White is associated with purity and light because the frequency of white is one that brings together the entire light spectrum – all colors. Burning a white candle can serve as a placeholder when we don't have any other candles or aren't sure what would be the best color to use.

White candles bring positive energies for a fresh start and are often used to welcome the new year or each new month.

How to Use White Candles

- ★ White candles can be used to meditate as well as to connect with higher beings and deities, especially those related to the energy of the Moon.
- ★ Add a pinch of salt to a glass of water and let it sit next to a lit white candle for about 1 hour to purify any space.
- ★ Many artists often burn a white candle before and during the creative process for inspiration. Other uses of white candles include sacred baths, as well as fertility and healing spells.

The best time to burn a white candle for protection or spiritual cleansing is in the morning.