Cleansing a Candle

Follow one of these methods to clear energetic remnants and begin your ritual work with a clean slate. This will ensure that your intention can be more easily bound to the candle.

Smoke cleansing

- 1. Open all windows.
- 2. Burn sage, lavender, or rosemary in a fireproof dish.
- 3. Use the smoke to cleanse your candle as you say:

"I channel the clearing properties of this herb to cleanse this candle of all stagnant energies. I command that these energies return to the Earth so that they may be cycled into loving compassion."



Sea salt bath

- 1. Place your candle in a bowl.
- 2. Gently pour the sea salt into to cover the candle, as you say:

"I channel the cleansing properties of this sea salt to clear all energy attached to this candle. I command that these energies be absorbed into this sea salt and returned to the Earth so that they may be recycled into loving compassion."

Moon cleansing

- 1. At nightfall, place your candle onto a moonlit surface.
- 2. Breathe deeply and visualize the white light that emanates from the moon surrounding your candle.
- 3. Say: "I call upon the moon to use her cleansing properties on this candle. Please remove and return all energies attached to this candle back to Mother Earth so that she may recycle this energy into loving compassion."