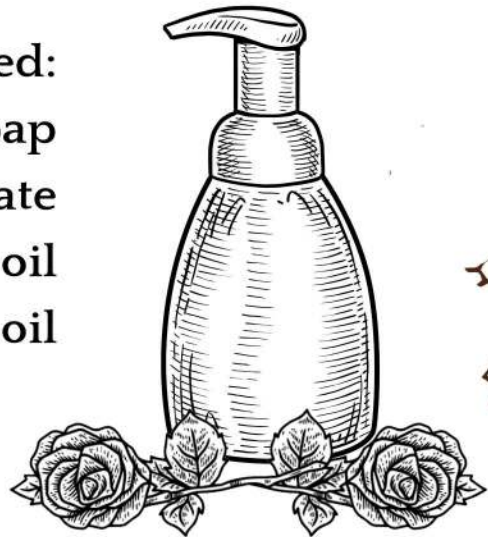


Rose Oil Soap

Pure castile soap combined with rose oil makes an exquisite showering soap. Because it is biodegradable and non-toxic, it is safe to use on people with sensitive skin, pets, and kids.

You'll need:

- 10 tablespoons grated castile soap
- 4 ounces rose water or hydrolate
 - ½ teaspoon almond oil
 - 5 drops rose essential oil



This recipe makes a perfect homemade shower gel and can be adapted to suit your own needs.

1. Melt the castile soap in a double boiler
2. Add the rose water or hydrolate.
3. Immediately remove melted mixture from the heat and slowly stir in the almond oil and rose essential oil.
4. Pour the liquid soap into a clean squirt bottle, preferably glass, and dispense in tiny amounts.

Always use high quality, 100% pure essential oils in your skincare recipes for best results.