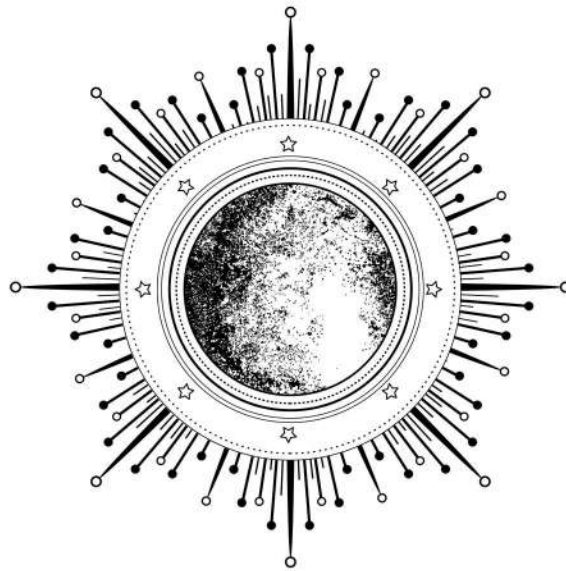


Esbat Ritual

“Esbat” is just another name for a Witches' celebration. Whether you practice Wicca in solitary or with a coven, an Esbat is a moment to honor the Full Moon or the New Moon, and the powerful energies of these lunar times.



Once the full moon has risen in the night sky, simply step outside. You can raise your arms and say a small prayer or chant such as:

"Thank you Goddess for all you have provided this month. I accept and embrace your powerful energies to give me strength for the month ahead. And so be it."

Allow the rays of the Moon to beam down on you and feel the energies entering your body as you accept the beauty that is given to you.