Ostara

Ostara is a holiday held by Wiccans and other Pagans every year. It is observed at the time of the **Spring Equinox**; around March 21st in the Northern Hemisphere and September 21st in the Southern Hemisphere.
At Ostara we celebrate the return of Spring. It is a fertility festival, marking the return of the Sun God, and the fertility of the Earth Goddess.

Ostara Ideas

· **Decorate eggs**: This symbol and also egg hunts originated from pagan fertility rites. The hare was also regarded as the sacred animal of the goddess Eostre that is now associated with Easter.

· **Light an Ostara fire**: Bonfires were a frequent marker of the spring equinox in ancient times. This symbolized bringing the warmth and energy of the Sun to the fields for first spring plowing and planting.

· **Tie festive ribbons**: As you do so, state your intention for yourself or a loved one for personal growth or spiritual renewal. Pick colors commonly associated with fertility and birth, such as pastel blue, green, or pink.

· **Set your altar**: The spring equinox is the first time in the year where day and night are equal. Place a god and goddess statue, a white and black candle, an image of the sun and moon, or even a ying/yang symbol.

Correspondences

Incense: Frankincense, Strawberry, Sandalwood, Rose, Orange, Sage.
Food & Drinks: Eggs, Honey cakes, Seasonal fruits, Seeds, Leafy greens and salads, Chocolates, Lamb, Bread, Juice, Wine.
Crystals: Amethyst, Aquamarine, Red Jasper, Bloodstone, Tiger's Eye.
Herbs: Sage, Rose, Freesia, Lemon, Jasmine, Acorn, Saffron, Nutmeg, Eucalyptus, Violets, Sunflowers, Honeysuckle, Daffodils, Lilies.