

All-Purpose Salve

This natural healing salve is great for using it as an intensive moisturizer or as a first aid ointment on scrapes, scars, bites, splinters, mild burns, cuticles and cracked heels.

- 1 ounce glass lotion pot
- 5 drops of Lemon essential oil
- 5 drops of Lavender essential oil
- 5 drops of Tea Tree essential oil
- 2 ounces of raw coconut oil



1. Scoop 2 ounces of raw coconut oil into a small glass bowl.
2. Add your essential oils.
3. Mix well with a fork or spoon.
4. Scoop final concoction into your glass lotion pot and put lid on.
5. Store in a cool, dark place.

To use it, apply a small quantity and spread it well. You can also put it in a bar container like commercial lip balms. It keeps well, as long as it is stored in a cool and dark place.