

Herbal Substitutions

If you're missing an ingredient to cast a spell, use this substitution list to quickly replace it with another one.

Angelica: Marigold or calendula

Bergamot: Bee balm flowers, or loose-leaf Earl Grey tea

Blood: Apple cider or apple juice

Camphor: Eucalyptus

Cassia: Cinnamon

Chamomile: White daisies

Cinquefoil: Clover

Citron: An equal part of lemon peel and orange peel

Citronella: Scented geraniums

Cypress: Juniper or pine needles

Frankincense: Copal, pine resin

Galangal: Fresh ginger root

Graveyard dirt: Mullein

Heliotrope: Chicory

Holly foliage or berries: Snapdragons

Honey: Maple syrup

Hyssop: Lavender

Jasmine: Rose

John the Conqueror root: St. John's wort (foliage and flowers)

Laurel: Bay leaf

Lemongrass: Lemon balm or fresh grated lemon peel

Mace: Nutmeg

Mandrake root: Peony roots



Mistletoe: Mint or sage

Mullein: Lamb's ear

Neroli: Tangerine, or orange peel

Nettles: Thistle from the dried cone of a coneflower (Echinacea)

Orange blossoms: Orange peel

Orris root: Petals of iris flower

Patchouli: Oak moss

Peppermint: Spearmint

Periwinkle: Morning glory vines and flowers

Pine needles: Rosemary

Rose hips: Rose petals or leaves

Rue: Hydrangea blossoms

St. John's wort: Witch hazel

Saffron: Orange peel or crocus

Sandalwood: Frankincense

Spikenard: Cedar

Sulfur: Tobacco

Sunflower: Brown-eyed Susan

Sweet grass: Sage

Thyme: Rosemary

Valerian: Catnip

Vervain: Flowering verbena

Wild violet: Pansy or viola

Wine: Grape juice

Wolfsbane (Aconite): Garlic

Wormwood: Yarrow