# All-Purpose Herbs



Salvia rosmarinus

It has antioxidant, antimicrobial, and anti-inflammatory compounds. It is an herb devoted to studies and good memory.

Cymbopogon

Traditionally used to treat digestive problems and high blood pressure, it fights bacteria and promotes mental well-being.



Rosemary and Lemongrass can replace any other herb in a spell.



### Pose

Traditionally used in love spells, roses embody the chalice of life and the soul. They represent good qualities and bring fortune. A rose can be used instead of any other flower in a spell.



Santalum album

Sandalwood brings us closer to the divine, inciting calmness and clearing the mind. It can be used to substitute any other type of wood.



## Trankincense

Boswellia sacra

Burning frankincense helps getting into a meditative state. It carries many intrinsic intellectual powers. Frankincense can be used instead of any gum resin.