

Rose (Rosa)



Cultivated for over 5,000 years, the rose is one of the most symbolic flowers of all time.

Origin: Cultivation of roses was well under way in China by 500 BC and the Romans also grew large quantities for commercial use.

Element: Water

Gender: Feminine

Planet: Venus

Zodiac: Taurus

Magical Properties

Love: Roses enhance the beauty and passion of love spells. It has even been said that removing the thorns from the rose will enhance the power of the spell and fulfill the wishes of the practitioner.

Positive Energies: Infuse any space with loving vibration to promote tranquility. Rose offerings bring positive, friendly spirits into the home. Roses are good luck and bring good fortune, so they can be added to any charm to ward off evil or negative energy.

Medicinal Properties

Aphrodisiac: Inhaling the scent of rose increases sexual desire and satisfaction. It also reduces stress to help with sexual dysfunction.

Anti-Anxiety: Smelling a rose uplifts the spirits and this might be why the oil has been used to treat people with general anxiety disorder. Roses cause a dopamine release that helps to alleviate depression and anxiety.

Contraindications: Do not ingest rose essential oil. Never use any essential oil close to mucus membranes. Dilute with a carrier oil for sensitive skin. Keep rose essential oil out of reach of children and pets.