Symbols of Protection

Symbols have the power to make visible what is invisible. They turn ideas, intentions, will into images. These historical symbols were painted on walls, entryways and homes to protect against disease, bad luck and evil.

**Horns**

This hand sign is used to ward off the evil eye and as a symbol of strength and power. It indicates 'what is above the head', and it is a masculine and feminine symbol at the same time.

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**Crane**

It is an allegory of justice, longevity and the good and diligent soul. The crane's careful movements represent tact and vigilance. It is an auspicious symbol to the Chinese as a spirit which can be summoned for blessings. In Ancient Egypt was a symbol of the morning sun and regeneration.

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**Septagram**

The seven-pointed star is used for long-life and protection. Seven is special because it consists of the union of the physical (number 4) with the spiritual (number 3).

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**Zunate Cross**

It features four crescents with their horns facing outward, protecting the cross from evil which might approach from any direction. The four crescents also remind us of the four lunar stages: New, Waxing, Full and Waning.

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**Anchor**

The mind flows like a river or stream when thinking. Simply write whatever comes into your mind for a specified period of time. Sit down and write a set number of pages or for a set amount of time.

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**Vega**

During medieval times, the star Vega was associated with magic and used for protection against evil. It is the second-brightest star after Arcturus, part of the constellation Lyra, and it has been called "the next most important star in the sky after the Sun".

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**Magic Square**

Numbers and geometry were believed to hold within them the keys to Nature as expressions of a Divine Mind or Universal Architect. This is an example of a Roman square. They used letters instead of numbers as protective amulets.