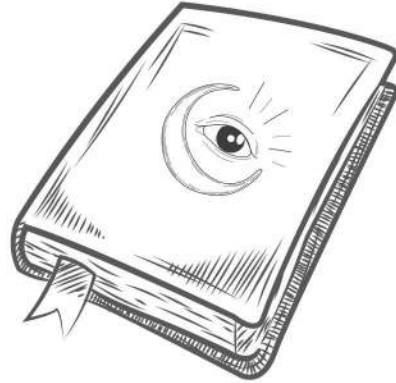


# Book of Shadows

- Recipes
- Guides
- Observations



This will be your personal spellbook. It will also often be used to record important information about Witchcraft, as well as observations and thoughts.

Some like to write down their personal observations and ideas in a separate “Book of Mirrors”, leaving their Book of Shadows for Magical recipes, invocations, spells, guides, etc.

To create your own book of shadows, find a notebook and decorate it with according to your personal taste. You can draw something on it or paste some flowers, leaves, anything you want! The design of the cover is left to the imagination of the Witch. The goal is to customize it so it will be unique and in harmony with you. Then simply write down all the rituals, spells, Magic invocations and instructions that you plan to use during your practice.

Copy the spells and rituals step by step with their respective illustrations and decorations. Ideally, you should know all of these by memory, but at first you will need to read them, so make sure that the pages and text are readable. The book of shadows is also known under the term “Grimoire” (from French, alteration of grammaire, “grammar”).