Yule

Yule is the name of an indigenous Midwinter festival celebrated by the Germanic peoples. In most forms of Wicca, it is celebrated at the winter solstice, the yearly rebirth of the Sun.

When is it? December 21st in the Northern Hemisphere. June 21st in the Southern Hemisphere.

Yule can be celebrated in any of the days around the longest night. The exact date varies each year. The symbolism of this sabbat (holiday) is the spark of hope that emerges from the deepest darkness.

Yule Ideas

To celebrate Yule is to celebrate the Wheel of the Year: understanding the cyclical nature of life, that after every end there is a new beginning.

- Decorate your altar and your home with pinecones, branches, evergreen leaves, and candles. Hang mistletoe and holly for the protection of windows and doors.
- Light a sacred fire. This could be a bonfire inside a circle made of stones, or in a fireplace or cauldron at home. Before starting the fire, clean the space and open the sacred space with a prayer or meditation.
- Instead of lighting a fire, you can make a yule log with candles.
- Set up a Yule tree in your home. Decorate it with symbols of this season, such as bells, wheels, knots, pentacles, fruits, horns and the sun.

Correspondences

Colors: Red, Green, Gold, White, Silver.
Food & Drinks: Nuts, Apples, Pears, Cakes, Bread, Yule log dessert, Cookies, Red Meats, Wine, Cider, Hibiscus Tea, Ginger, Egg Nog.
Crystals: Rubies, Emeralds, Diamonds, Garnets.
Herbs: Holly, Mistletoe, Ivy, Bay, Cedar, Pine, Cinnamon, Orange, Lemon.