

Passion Tea Love Potion

A hot cup of this Love Potion made with passionate intentions is sure to spark romance between you and your partner! Enjoy this tea together.

- A pinch of rosemary
- A pinch of thyme
- A pinch of damiana or ginseng
- A pinch of cinnamon or nutmeg
- A pinch of hibiscus
- 2 teaspoons black tea leaves
- 3 rose petals
- 3 pieces lemon peel
- Honey



1. Mix the herbs together with 3 cups of boiling water in a teapot focusing on your intentions.
2. Allow the tea to steep for a few minutes. As you wait, clear your mind and relax. Think about your partner, visualize them next to you and feel the warmth building inside of you. Imagine their face, hands and any other things you like about them.
3. Pour the tea into two cups and sweeten with honey.
4. Share the tea with your partner. Sit together. Talk and laugh together. Talk about what you need from the relationship and be open to what they have to say.