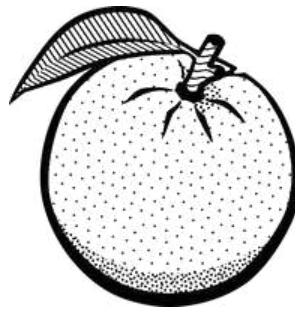


Orange and Herb Attraction Bath

Take this relaxing bath to help attract your intentions. Attract love, luck and prosperity, make yourself more attractive and boost self-confidence.

- 5 whole oranges
- A handful of fresh mint or basil
- A candle
- Bath salt (optional)



1. Take a quick shower and then run a warm bath.
2. Light your candle and add the whole oranges and herbs (and salt if using).
3. Relax in the warm water, look into the candle flame and clear your mind.
4. Peel each of the oranges as you focus on your intentions, enjoy the aroma that fills the air. Allow the orange peels to fall into the water and swirl around you.
5. Squeeze the juice from the oranges and use the fruit and herbs to exfoliate your skin. Eat some of the fruit too. All the while keep your intentions in mind.
6. When you finish your bath allow your hair and body to air dry. Scoop the fruit and herb remains out of the bath and either bury them or throw them away. Allow the candle to burn down.