

# Moon in Gemini

The moon has entered the wild and free sign of Gemini. With two personalities, Gemini is full of fun ideas, changes with the breeze, and thrives on adventure.



1. Rest the backs of your hands on your thighs and touch your pointer finger and thumb together on each hand. This is a hand position called Gyan mudra, which draws your awareness inward helps you tap into inner knowledge and intuitive wisdom.
2. Close your eyes and allow your whole body to find stillness and peace. Focus your awareness on the third eye - the energy center for imagination and intuition. It is the point between the eyes on the forehead.
3. As you gaze into your third eye, you see two twin butterflies fluttering before you. These beautiful, colorful butterflies are animal totems for Gemini.
4. You find yourself floating with them. Feel lighter and freer with every breath and every flutter of their wings.
5. You have arrived in a beautiful world of light. Here, you can tap into ancient knowledge and wisdom by simply asking a question. As soon as the question is asked, the answer arrives in your mind.
6. Never before have you felt so filled with ideas, wisdom, and a deep connection to others. You feel a warm sense of connection to everything around you.
7. Before too long, the butterflies guide you back through swirls of color and light to re-enter the physical body. You feel refreshed and delighted, knowing that you can return any time. Gemini has shown you a magical realm where knowledge, communication, and adventure flow freely.