



Mabon

The Fall Equinox is a celebration of balance. Days and nights are equal in length, and soon the nights will get longer. It is also associated with harvest and thanksgiving for the bounty of the earth.

When is Mabon? Around September 21 in the Northern Hemisphere. March 21 in the Southern.

This holiday is named after the Welsh God Mabon, son of Earth Mother goddess Modron. Equated with Apollo, the Sun God whose power dies on this day as the Goddess is in her Crone aspect.

Mabon Ideas

It is an ideal time to let go of everything that is old and useless in our homes, and in our lives. A great time for a haircut, deep cleaning, giving things away, and moving forward.

Write down on a piece of paper everything that has been weighing you down, then break it into pieces and burn it on Mabon's night.

Activities: Prepare a Wiccan thanksgiving feast and show gratitude for the generosity of the earth. Decorate your altar with pumpkins, wine, sunflowers and anything harvest-related. Make corn husk dolls.

Correspondences

Colors: Brown, Orange, Purple, Yellow, White and Black.

Food & Drinks: Cornbread, Bread, Grains, Berries, Nuts, Grapes, Acorns, Seeds, Dried fruits, Corn, Beans, Squash, Roots, Wine, Ale, Ciders.

Crystals: Amber, Tiger's eye, Yellow Agate, or stones ruled by the Sun.

Herbs & Flowers: Fennel, Cedar, Lavender, Sage, Thistle, Honeysuckle, Passionflower, Ferns, Tobacco, and Solomon's seal.