

# Black Salt Recipe

The main purpose of black salt is protection and warding off negative energies. This salt is not edible and should not be added to food.

- Egg shells
- Charcoal
- Salt (any kind)
- Mortar and pestle



1. Make sure the thin white membrane layer of the eggs is removed so all you are left with is a dried, clean eggshell.

If necessary, rinse them with soapy water and let them fully dry.

2. Add your eggshells into your mortar & pestle and crush them until you get a thin powder.

3. Add the salt to the eggshell powder.

4. Ground the charcoal with your mortar and pestle, and add it to the mixture.

5. Mix until you like what you see. Keep it stored in a jar.

## How to use Black Salt

Sprinkle it around your house and then sweep it out the door. Especially if someone came in with negative energy or just as a protection ritual for the home.

Add it to any protective spells that use salt.

Use it to draw protective sigils on paper, or on any surface you want to protect such as your Book of Shadows.

Rub it on your skin or add it to self-care baths.

You can also grind dry herbs into your egg shell to create Magical powders for specific intentions and goals.