Altar Blessing

An altar is a sacred space where we can exercise creative action, self-discipline and intuition.

- **Chalice or cup**
- **Wand**
- **Pentacle**
- **Athame or knife**
- **1 white candle**
- **Altar cloth (optional)**

1. Arrange your tools on the altar and light the white candle.

2. Close your eyes and take three deep breaths. Visualize a bright light coming from the candle flame. It surrounds your altar and yourself.

3. Take the wand in your dominant hand and point it to the sky. Say:

"By the Moon, the Stars and the Sun,
By the God, the Goddess and Ancient Ones,
Blessed be this Altar and all here-on.
Good for all and harming none."

4. Use your wand to touch the pentacle as you take a deep breath in and out. Do the same with the chalice, athame and your altar cloth or table.

5. Place the wand back on the altar and say:
"Blessed Be My Altar".

6. Sit down or remain standing as you meditate and think of all the great things that your altar will bring to you: peace, serenity, awareness, intuition.

7. When you're ready, blow out the candle and dispose of its remains by saying Thank you.