Full Buck Moon

On July’s Full Moon, date: ____________
My intention is: _______________________

Things that bring sunshine to my heart

For this ritual, look back at the joy of Spring, observe the abundance of Summer, and consider: What do you need to work at storing up – physically, mentally, or spiritually to get you through the coming winter?

Take advantage of it by storing those feelings of bright and vibrant summer time so that they can bring you strength and perseverance for the winter months ahead.

“By the power of the Buck Moon,
By the fullness of the antlers of the King of the Forest,
By the Strength and Sustenance granted by the Harvest
I cast my spell!”

“Golden is the Summer;
Golden is the Sun; Golden I am;
the Gold and I are One.”