Stop Gossip

Is someone talking behind your back? This is a spell to stop gossip using the Magic of cloves.

You can also try casting this spell if you notice that it's yourself who is starting or spreading rumors.

- Glass jar with a lid (any size)
- 9 cloves
- Salt (any kind)
- Freezer
- Piece of paper (optional)

1. Before you begin, invite mental clarity as you meditate or cast a circle of protection. Take some time to remove any energy blockages and negative thoughts from your mind.

2. Focus on your intention and put the 9 cloves in the jar.

3. Optionally, write down your intention (e.g. stop rumors) on a piece of paper and throw it in the jar.

4. Pour the salt in and seal the jar tightly.

5. Shake the jar in your dominant hand as you say this incantation:

"Cloves to seal the lips talking behind my back. Magic fingertips prepared this jar. We'll still be friends, I can guarantee. When all gossiping ends, So mote it be."

6. Place the jar in the freezer. Hide it well or label it so that nobody will open it.

If 15 days have passed and you didn't notice any improvement, take the jar out of the fridge and let it unfreeze for a few hours.

Shake the jar nine times (or for a count of 9 seconds) to activate it with some renewed energy.