

Aloe Vera *(Barbadensis Miller)*



Other names: Chinese Aloe, Indian Aloe, True Aloe, Barbados Aloe, Burn Aloe, First Aid Plant..

Origin: Arabian Peninsula, but it grows wild in tropical, semi-tropical, and arid climates.

Element: Water

Gender: Feminine

Planet: Venus

Zodiac: Cancer

Magical Properties

Protect the home: Aloe vera protects those inside the home from any malicious actions, but it is also known to protect against accidents. This is why many people place an aloe vera plant at the front of their house or on a windowsill as they are able to dispel negative energy.

You can also dab some gel over each exterior doorway, or make a wreath with aloe vera and hang it on the front door.

Medicinal Properties

Gums and teeth: It's as effective as toothpaste in controlling cavity-causing oral bacteria.

Burns: Rub it into the skin to quickly heal first and second-degree burns.

Reduces constipation: Used internally, it can improve metabolism.

Contraindications: *It's not safe to take Aloe vera internally over long periods of time. Consult with a doctor before taking aloe latex as it can have serious and potentially fatal side effects.*