

# Harmonizing Oil

This anointing oil is for inner peace and can be used for blessings, healing and spiritual work. Anoint candles, yourself, add to a bath or an amulet. Do not take internally.

- Sealable glass bottle or jar
- Olive Oil (or other carrier)
- Jasmine for love
- Bay leaf for protection, success
- Roses for love, uplifting
- Lavender for happiness, purification
- Hibiscus for love, protection
- Gold glitter to clear negativity



1. Light some sage or palo santo.
2. Pick up the glass jar, fan it with the smoke as you say:  
*"With this smoke I cleanse this object of all negative or harmful energy so that I may use it for my highest good. So, it is said, so shall it be."*
3. Add all the herbs, the glitter, and then the oil.
4. Shake it well.
5. Take in how all the herbs mingle together to create a beautiful harmonizing energy.
6. Hold it at your heart center and thank all the plant spirits that gave you their energy to make this beautiful harmonizing oil!

That's it! You now have a powerful harmonizing oil ready for use.