

Black Tourmaline

The name “tourmaline” comes from the Sinhalese word meaning “stone of various colors.” But the most common species is Schorl, or black tourmaline.

Origin: It forms in cavities and fractures during hydrothermal activity.

Main uses: Protection, grounding, shielding.



Cleanse + Activate

It can be put under running water to cleanse it. It is a hard stone, about 7-7.5 on the Mohs hardness scale, and will not be damaged with mild contact with water. However, prolonged contact with water, or contact with mineral water such as saltwater, can do damage to your stone.

To charge a black tourmaline, light a black candle on your altar. Sit in a quiet place. Close your eyes and relax by breathing deeply. Focus on repelling and dispelling negative energies, as you say:

*“I clear and banish all unwanted energies from this environment.
Thank you, thank you, thank you”.*

Other uses

For personal protection: Wear it in rings, necklaces, earrings, carry it in a pocket or keep it in your car.

Hold a black tourmaline and meditate. If you suspect that you are suffering from psychic attacks, this stone will banish them.

In energy therapy, its natural form is the most indicated. Place it on the body touching the skin near the affected area.

To cleanse the home or workplace, place a black tourmaline near electrical appliances or the main entrance.