Ostara

Ostara is a fire and fertility festival, celebrating the return of the Sun God, and the fertility of the Earth Goddess.

This celebration occurs during the spring equinox, around March 21st, when days and nights are equal in length.

- 1 silver candle
- 1 gold candle
- Decorated eggs in a bowl
- Chalice with water
- Wand
- Lighter or matches

1. Organize the tools on your altar. Release any negativity or stress from your day by taking a moment to tense your muscles for the count of three and then releasing them.

2. Take your wand in your dominant hand. Begin to visualize a circle of light forming around you and your altar. As you slowly turn clockwise and draw the circle, say:

"Air, Fire, Water, Earth, I invite you to my circle".

3. Light both candles.

4. Say:

" We are one. One are we.
You and I. He and she.

Day and Night. Moon and Sun.
Lord and Lady. We are one. "

5. Take one egg and dip it in the water. While you do this, think of a spiritual seed you have planted, which will grow stronger this season.

6. Carefully place the egg on the center of your altar. Repeat this process with all the eggs, taking turns with others if you are in a group.

7. Close the ritual with this prayer:

"Mother of All, Goddess of the Earth.
From the lengthening day,
your energy surrounds us.

I celebrate love. I celebrate warmth.
I celebrate spring.
I ask that as the light gains strength,
your perfection will reside in me.

As in ancient times, so it is now. So mote it be."

8. If you've hard-boiled the eggs and used a safe dye, you can eat the eggs at this point.

Or save them in the refrigerator to eat throughout the week filling you with power from the God and Goddess.

If you've used decorative eggs, keep them on the altar as symbolic offerings. Decorate it with fresh cut flowers in every color of the rainbow, and keep the altar up for as long as you want.

9. Extinguish the candles before leaving the room.