

Yule



The winter solstice symbolizes the rebirth of the Great Horned God.

Yule is celebrated around December 21st during the longest night of the year.

This can be a time of renewal and rebirth, which involves introspection and gratitude before the light returns. The Father God's appearance represents the first spark of hope that emerges from the deepest darkness.

- 1 white candle
- 1 red candle
- 1 black candle
- Natural area in which to walk or hike
- Carving instruments or a drill
- Lighter or matches

1. Find a natural area where you can walk and gather greenery and wood. Spend time feeling the air, smelling the earth around you, and seeing the hibernation of the earth during this cold period.
2. Take time selecting your Yule log by finding a dry piece of wood that has fallen. Bring home gifts of Nature such as branches, berries, pinecones, or leaves that have naturally fallen to fill your house with the evergreen magic of winter.
3. Once home with your Yule log, carve or drill three holes. Then place one red, one white, and one green candle in each hole.
4. Light the three candles. Take a moment to gaze into the fires of the candles and honor the goddess and god as well as the season.



5. Allow your mind to become still and release any negative or frustrating thoughts. Begin to take deeper breaths as you allow the tension or stress from your day to fall off of you. Begin by taking 3 slow deep breaths.

Visualize a peaceful, white light in the core of your body. As you breathe in, let the light fill your body with calmness.

6. Say the following Yule prayer:

*"Horned God, Winter God,
The yule fire light blazes in your eyes and frost dances
in your beard.*

God of the sun, God of light, return, return!

*Queen of Winter, Grandmother, Sister, Mother,
You have created life from death, warmth from cold,
Bring us new light, return, return!"*

7. Meditate or make any statements or wishes you would like to add.

8. Close the ritual with this prayer:

*"Ancient Mother of Midwinter,
Watcher over life and death.
Creator of life who sees us through the darkest hours.*

*New born father, warmth of the sun.
Fight against the dangers of the night, and rise powerful
as you garner strength from the light.*

*Ancient Gods, I celebrate with you. I ask that as the dark
recedes, the light will bring the promise of new life.*

As in ancient times, so it is now. So mote it be."