

# Herbal Harmony

This Magical herbal tea recipe is perfect for a love potion, a reconciliation love spell or a friendship ritual.

- Water
- 1 pink candle
- Chamomile tea  
(1 tea bag or 1 tbsp loose leaves)



1. Put the kettle on.
2. While you wait for the water to boil, light the candle and take 3 deep breaths along with your partner.
3. Empty your minds. Try to let go of any negative thoughts, enjoying each other's company.
4. Once the water has boiled, add the tea and pour the water. Pour theirs first, then yours.  
Let it sit for 2 or 3 minutes.
5. Say the following chant out loud:  
*" May this ritual bring harmony and comfort  
to the relationship we have.  
May our bond be forever warm,  
as is the water in our cups "*
6. Take the first sip of tea looking at each other in the eye. Enjoy the silence, the candle light, and the positive energies that surround you now.  
Slowly drink your tea cups.
7. Once you're done, carefully pick up and wash the mugs and teapot. This should be done with respect and care, as it's also part of the ritual too.