

Lughnasadh



Lughnasadh, also known as Lammas, is celebrated on August 1st which is halfway between the summer solstice and the autumn equinox. On this day we honor the God of Light and Craftmanship, Lugh, in a gathering of people, or assembly referred to as nasad.

- 1 candle
(red, orange, yellow, gold)
- Stones in harvest colors
- 1 small plate
- Paper and pen
- Lighter or matches

1. Place the small plate and stones upon the altar. This ritual can be performed inside or outside.
2. Relax and visualize a white light in the center of your body. As you breathe, expand the light throughout your belly and limbs knowing that it is cleansing your body of any tension and frustrations.
3. Light the candle and say:

*"It is the time of the harvest to recognize and celebrate
The power of Life, growth, death, and rebirth.
Lugh, I call upon thee, God of light and craft
To honor your many skilled talents."*

4. Take a moment to focus on the talents and skills that you possess. Write them down.

Lugh is the god of craftsmanship and master of all arts.
On this day, we honor our many abilities and
talents as well.

5. When you're ready, take a stone and hold it up to the
candle. Think of one of your talents or skills, and say:

"Today I honor Lugh, for like him, I am skilled at ..."

6. Place the stone on the plate. Repeat this as many
times as skills you want to honor. Take a moment to
honor yourself by gazing upon all of the stones on the
plate.

You can place the stones on your altar or in a space
where you can see them. In this way, you can gain
energy throughout the year for your crafts and talents.

7. Say:

*"Great God Lugh, eternal Craftsman.
Wielder of the unstoppable fiery spear and sword.
I ask for your blessings and energy.
I ask for talents in my personal craft.
I ask for abundance in the harvest.
As in ancient times, so it is now. So mote it be."*

8. Extinguish the candle, or keep it lit while you
exercise one of your many skills.