

# Moon Water

- Water (it can be tap or rain water if it's safe to drink)
- 1 bowl or a glass container of any size



1. Pour water in the bowl. Use 3 cups of water or experiment with the amounts.
2. Put the bowl in a place where it will be lit by the moonlight, preferably outside, but it could be near a window inside your home. It doesn't matter if it's cloudy outside, since moonlight, just like sunlight, can pierce through the clouds easily.
3. As you place the water in the moonlight, consecrate it by saying out loud:  
  
*"Dear Moon, thanks for this Sacred Water, which is already helping me with (say your intention here)"*
4. You don't need to leave the water outside all night. Collect it before the sunlight touches it.
5. Filter out any insects that might have landed on the water and put it in a bottle. Store it in a dark place such as a kitchen cabinet or a closet until you use it.