

'Sugar Binding' or How to Put a Love Spell on a Man



You Will Need

1 red candle

1 teaspoon of sugar

1 lavender incense stick

Red pen or marker

Paper

Dish

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How to cast the spell

Clear your altar, leaving only the dish with a red candle on top.

Take a piece of paper and write his full name on it using red ink. Draw a red circle around it.

On the back of the paper write the following:

*“ Love me like I love you.
Be mine and I’ll be yours too. ”*

Turn the paper around and pour a pinch of sugar on top of his name.

Fold the piece of paper in half. Place it between the candle and the dish, so that it's touching the base of the candle.

Light the candle and watch it burn. As you do this, visualize being next to him, being with him, smiling, talking, and laughing. Notice how you feel. If it's love, you will be filled with joy, happiness, passion, and excitement.

Wait until some of the wax has dripped on the paper. If it hasn't, carefully tilt the candle on its side. Let the melted wax touch the paper.

Take the paper out and fold it one more time.

Let the candle burn completely, practicing fire safety.

Place the paper in a cloth sachet (or you could just use a plastic bag) and put it under your pillow.

Sleep with it for 3 nights. On the fourth night, light the lavender incense stick on your altar.

Take the paper out of the bag and burn it using a lighter or matches, putting it in your cauldron or an ashtray.

Take the ashes and blow them in the wind while saying this chant:

*“ Love me like I love you.
Be mine and I’ll be yours too. ”*



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